JESUS CHRIST SUPERSTAR

Win tickets to see classic rock opera Jesus Christ Superstar

See p15 for full details

Waltham Forest

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Waltham Forest NEWS

Your Council keeping residents informed
www.walthamforest.gov.uk

Issue 101 | 30 September 2013

Creating better parks and play areas

Residents have told us that improving leisure facilities is one of their top priorities. We are committed to providing the very best leisure facilities so that there is something fun for everyone to enjoy.

We are investing heavily into refurbishing our leisure centres, with Leyton Leisure Centre reopening next month and work at Cathall Leisure Centre to start in November.

A nine screen cinema is currently being built in Walthamstow which was at the top of residents' wish list and we continue to offer a wide range of fantastic free events that cater for all ages and interests.

As the greenest London borough north of the River Thames we pride ourselves on our parks and open spaces – we're not called Waltham Forest for nothing – and have invested millions of pounds into improving parks and play areas to ensure residents get the most out of them, and that they are safe for everyone to enjoy.

Read on to find out more about the work that has been achieved so far in our parks and play areas and our plans for the next few months.

Better Leisure 2013

Creating a better place 2013

Better High Streets • Better Leisure • Better Schools • Better Housing

For more information on developments in the borough visit
www.walthamforest.gov.uk/betterplace

Waltham Forest

Parks and play areas

Better Leisure 2013

£1.9million is being spent on improving 28 parks and play areas across the borough providing children with new, fun and bright play equipment and surfacing, offering a safer and much more enjoyable experience.

Works vary across the parks but some include the introduction of outdoor gyms to help keep you fit and active, refurbishing toilets, renewing pathways and painting fences to help improve the appearance of the park and entice you to get the most out of it. So far nine parks and play areas have been transformed and residents and visitors have been delighted with the results.

Leyton Manor Park, Leyton

The play area for younger children has been refurbished with exciting new play equipment and natural play features such as mounds and balance beams to encourage them to learn through play.

Low Hall Sports Ground, Walthamstow

A new synthetic grass playing surface has dramatically improved the conditions for sports activities for clubs and individuals. New outdoor cricket nets have also been fitted.

Coronation Gardens, Leyton

A refurbished pathway, new gates and extra security facilities have been fitted, improving access to the new beach volleyball area.

Wingfield Park, Walthamstow

The two play areas have been enhanced with safer surfacing and changes to the landscape and layout of the play equipment.

JESUS CHRIST SUPERSTAR
WIN!
Win tickets to see classic rock opera Jesus Christ Superstar
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Issue 101 | 30 September 2013

Spitters told to cough up

‘Don’t mess with Waltham Forest’ campaign gets huge boost as Magistrates endorse Waltham Forest Council’s ground-breaking stance on spitting

The campaign by Waltham Forest Council to hold people to account for spitting in the street was put to the test on Friday 20 September for the first time, with Magistrates endorsing the Council’s revolutionary stance.

Thames Magistrates’ Court found two individuals guilty after the Council prosecuted them for spitting using the same powers used to tackle littering.

Khasheem Kiah Thomas of Clarence Road, Hackney, was handed a Fixed Penalty Notice (FPN) in Lea Bridge Road, Leyton on 20 February this year. This was just a few weeks after the Council announced it was extending issuing FPNs to people caught spitting in a public place.

Seven days later Zilvinus Vitkas of Beechworth Road, Ilford, was caught for the same crime in Bromley Road, Walthamstow. Both men failed to appear at court and were found guilty in their absence.

The Magistrates hit each of them in the pocket for £300 a piece, made up of a £160 fine and £20 victim surcharge and also awarding costs to the Council in both cases to the tune of £120.

“I am absolutely thrilled that the courts have backed our tough stance on this issue and have recognised the huge groundswell of opinion that is firmly behind our initiative to put an end to this disgusting habit,” Cllr Clyde Loakes, Deputy Leader and Cabinet Member for Environment, told Waltham Forest News.

“We’ve been issuing £80 fines to people since February, but this is the first time a case has reached the courts. The Magistrates didn’t hesitate to concur with us that spitting could be classified as litter.”

> **“The courts have backed our tough stance on this issue. The Magistrates didn’t hesitate to concur with us that spitting could be classified as litter.”**

More info

For more information visit **www.walthamforest.gov.uk/dontmess** or phone **020 8496 3000.**

Take part in Economic Growth Survey

Residents gave their views on how the borough’s economy can grow at a series of consultation events that took place across the borough last week. The consultation ends on Friday 4 October, so there is still time to have your say. Visit www.walthamforest.gov.uk/makeitcount or phone 020 8496 3000.

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WALTHAM FOREST COLLEGE

Young people get taste for work

Cllr Mark Rusling meets some of the young people who attended the Taster Day

- **Council Taster Day attracts young people keen to get 'work ready'**
- **Seventeen apply for traineeships on two employment programmes**

Young residents who were eager to improve their prospects of finding work attended a Business and Retail Traineeship Induction and Taster Day held at Walthamstow's Queens Road Learning Centre on Wednesday 18 September.

On the day 17 young people applied to be considered for one of two programmes offered by the Council's Adult Learning Service. The two programmes are designed to help equip young people with the necessary skills and training to approach the jobs market with confidence.

"It was great to meet so many young people keen to enter the workplace and savvy enough to understand the need to address skills gaps," said Cllr Mark Rusling, Cabinet Member for Economic Development and Corporate Resources.

"We believe it is crucial to equip our young people with the necessary skills they need to be able to apply for jobs and know that they will not be tripped up by something as simple as lacking a basic qualification.

"By providing these traineeship programmes we hope to see more of our young people apply for jobs confident that they meet the criteria and are able to progress into an apprenticeship or work."

More info

For more information about help to find a job in Waltham Forest visit **www.walthamforestclass.gov.uk and search 'jobs'.**

In my opinion

Jahangir Khan

Food banks

In late 2011 I began to explore ways that I could help good causes in the community and in third world countries. My mum had always preached that if good fortune comes your way you should reach out and share your success with others.

Being a father of three children, I initially sought to help families in third world countries by setting up an education project. We would take children (some as young as three) who were begging on the streets for money to help support their families, and place them in schools instead. This common situation arises when parents cannot work, leading to no income being generated and the basic needs for food and clothing not being met.

In return we would help provide a monthly allowance in the form of food for the child's family as long as they remained in school.

In late 2012, my mum was diagnosed with terminal cancer and this spurred me to make the charity more official and I set up the Rukhsana Khan Foundation.

During my mum's treatment for cancer, the media were highlighting that more people than ever were finding it hard to put three square meals on the table for their families. As spending cuts took effect and income remained flat, the middle classes were now being drawn into this hardship pool, where it is no longer the jobless that need a hand out but middle class professionals were also finding it difficult to support their families.

Therefore, it was just logical that we should set up a food bank here, which would allow any family that was on low income, vulnerable or receiving support from a local agency, to come along and receive at least three days supplies of groceries.

My simple aim is to help as much I can in the local community to help alleviate families having to go without a meal. If that means opening more food banks in the borough, then so be it. I will not give up until I have exhausted every effort to help and make a difference.

To find out more about the Rukhsana Khan Foundation phone 07939 232 123 or email rukhsanakhanfoundation@outlook.com

Want to have your say?

If you live or work in Waltham Forest, have something you'd like to get off your chest, and can do it in around 300 words; Waltham Forest News wants to hear from you. Email the Editor at: walthamforestnews@walthamforest.gov.uk and tell us what you'd like to write about.

GOOD VALUE, LOCAL SERVICES

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Contact Waltham Forest Council:

Visit www.walthamforest.gov.uk
E-mail Wfdirect@walthamforest.gov.uk
Call 020 8496 3000

Waltham Forest

Waltham Forest News

Editor: Jenny England

Waltham Forest News wants to hear from people in the local community. If you have a story that you'd like us to cover, email **walthamforestnews@walthamforest.gov.uk** or call 020 8496 3000.

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Rich heritage on display

Caribbean through a lens' project courtesy of The National Archives

Black History Month is back this October. And the Council will be marking this important month with an exciting programme of activities for residents.

With film screenings to drumming workshops and comedy to art and crafts, there is something to suit everyone with Vestry House Museum and libraries hosting events.

Council Leader, Chris Robbins said: "We are proud to present a diverse range of activities and events to mark Black History Month. I hope residents will take time out to reflect on the wonderful and rich heritage of our whole community."

Highlights include Black History Comedy Night on Friday 18 October at Walthamstow Assembly Hall. Laugh your socks off with hosts Eddie Nestor and Robbie Gee and comedians Richard Blackwood, Eddie Kadi and Slim.

Stories of Migration returns to Leytonstone Library on Saturday 5 October. The insightful play follows the experiences of Caribbean migrants during the 50s, 60s and 70s through personal stories of residents retold by actors.

There will also be a selection of free film screenings with Goodbye Bafana at North Chingford Library, In the Heat of the Night at Leytonstone Library and Dirty Pretty Things at Sidmouth House.

Children can join in a free special storytellying and craft session We're Different, We're the Same on Monday 7 October (Leytonstone Library), Thursday 10 October (Lea Bridge library) Monday 14 October (North Chingford Library) exploring themes of diversity and culture.

Young people will be in the spotlight as the academic achievements of youngsters will be recognised at the Young Gifted and Black Awards on Friday 11 October at Waltham Forest Assembly Hall.

More info

For more information visit **www.walthamforest.gov.uk** and search Black History Month. Free internet access is available at all libraries in the borough.

Opening up the Olympic Park to residents

Plans that open up Queen Elizabeth Olympic Park to more local people have been put forward by Waltham Forest Council.

The proposals see private allotments on Eton Manor replaced with an urban meadow and a new pedestrian access point. The planning application has been submitted to the London Legacy Development Corporation as part of the Council's bid to ensure that the Olympic Park is open to all, providing leisure and recreational facilities that create a world-class legacy.

Currently the section of the Olympic Park within Waltham Forest – Eton Manor – is set to house allotments, meaning that large areas of the Park will be cordoned off for private use. The Council has consistently and whole-heartedly rejected these plans and is using the planning process to put forward a better future for the park.

Council Leader, Chris Robbins, said: "It's an absolute scandal that allotments are set to take pride of place in the country's flagship sporting facility.

"That is why we are proposing a better future for the Olympic Park. It will not only make the park more accessible to Waltham Forest residents and Londoners as a whole but it will build on its green credentials providing more open space in the capital."

At present the allotment holders have plots in the newly refurbished Leyton Jubilee Park. They were moved to Leyton from their original home in Newham to make way for the Olympic Park back in 2007.

Legacy plans for the Park have earmarked a section of Eton Manor which is run by the Lee Valley Park Regional Authority (LVRPA) for the allotment holders. However the Council argues that they already have a good home and adequate provision at Pudding Mill Lane so there is no need for them to move to Eton Manor.

The Council met with allotment holders to discuss the plans ahead of submission. The plans have the backing of England Hockey and the Tennis Foundation along with the Lee Valley Regional Park Authority who own the land.

Shaun Dawson, LVRPA Chief Executive, said: "Lee Valley Hockey and Tennis Centre will host community, club and elite programmes at this world class venue.

"It is clear to us that combining a major sports venue with allotments, on what is a constrained site, is unviable and would create operational problems which will adversely impact on both the allotment holders and other site users.

"Replacing the allotments with an area of open space will provide a welcome area for informal recreation in the north of Queen Elizabeth Olympic Park, creating greater benefit for the neighbouring communities."

The planning application was submitted last week and the Council expects to hear a decision early in the New Year.

More info

To comment on the plans visit **www.planningforms.newham.gov.uk/online-applications.** Free internet access is available at all libraries in the borough.

In brief

Blackhorse Lane workshops

A host of workshops are to be built for community use off Sutherland Road, Walthamstow as part of a regeneration project. They are due to be completed early in the New Year and between Thursday 17 and Sunday 20 October volunteers are being welcomed in to help build the interior spaces. Anyone wanting to lend a hand to carry out tasks such as painting and cutting timber should arrive between 10am and 6pm wearing old clothes and comfortable footwear. Safety equipment will be provided on site.

• If you'd be interested in helping out with the workshops phone 020 8221 2221 or email info@assemblestudio.co.uk for details of times.

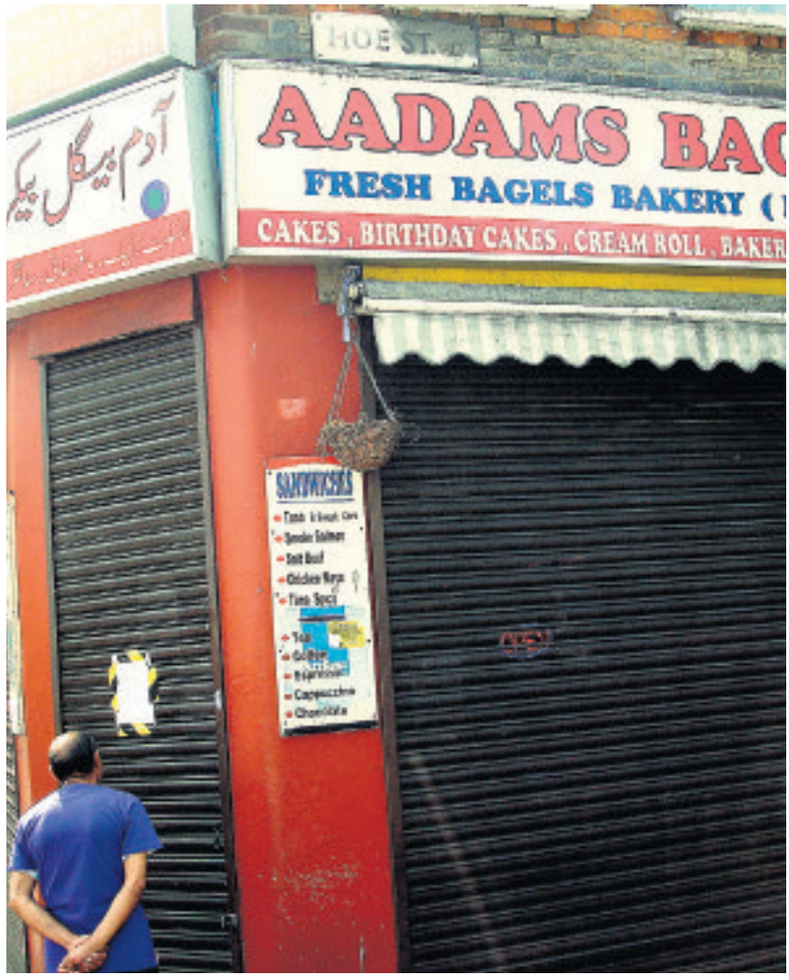
Estate improvements consultation

Fred Wigg and John Walsh estates in Leytonstone are in line for a multi-million pound improvement programme and local people are being asked for their views on the plans. The Council is calling on residents to become members of a steering group which will represent the views of local people and help shape the improvement plans. They will look at the different ways that the estate can be upgraded to provide better homes and outside space. Cllr Marie Pye, Cabinet Member for Housing, said: "This improvement programme will be much more than a fresh coat of paint and we are committed to work with residents to make real and lasting improvements to their homes and lives." The Council hosted a special family fun day on Saturday 28 September where residents found out about the plans for improvements and how they could get involved,.

• To find out more about the steering group phone Keith Gresham on 020 8496 5401 or email keith.gresham@walthamforest.gov.uk

Keeping you safe

Waltham Forest Council has four key priorities to help improve the lives of residents. In this edition we look at what is being done to make our community a safer place.



From top: a landlord who built a two storey extension without permission was fined £4,000, the owner of Aadams Bagel Bakery was left with a £18,000 bill for food hygiene offences and a market trader caught selling fake Vans trainers was taken to court by the Council

Looking out for residents and ensuring that unwanted developments and inconsiderate businesses are kept in check is part and parcel of the daily work of the Council.

Whether it is Environmental Health Officers checking food establishments for cleanliness and hygiene; Planning Enforcement Officers stopping unsuitable extensions and developments or Trading Standards Officers checking for counterfeit goods, the work of the Council helps protect you and your family.

Food safety

As reported in Waltham Forest News on 19 August, Aadams Bagel Bakery at 346 Hoe Street, Walthamstow was shut down in July by the Council's Environmental Health Team, just nine months after being closed for similar offences.

Last October the Council visited the bakery and discovered evidence of a rat and mice infestation. The bakery was shut down, but reopened after resolving the issues. Unfortunately the owner did not learn his lesson and when Council officers visited again this July they found evidence of another rat infestation and that there was no hot water because the gas supply had been cut off.

On Friday 13 September the owner pleaded guilty to nine offences at Thames Magistrates' Court and was fined £1,500 for each offence and ordered to pay the Council's full costs of £4,957.50.

The owner was left with a bill of £18,107.50 to pay in full within 56 days. A Prohibition Order was also made to prevent him from owning any food business. He will be able to apply to have the order lifted in six months' time.

Not in your back yard

A landlord who flouted planning laws and constructed a two-storey extension at his property in Melbourne Road, Walthamstow without permission has been hit with a bill for over £5,000 and faces having to demolish the illegal structure.

At Thames Magistrates, Court on Friday 6 September Mr Murat was convicted of the charge of failing to comply with an enforcement notice requiring the demolition of an unauthorised two-storey extension and conversion into two flats.

Magistrates fined him £4,000 to be paid at £500 a month starting from 20 September, and ordered him to pay full costs of £1,230 and a victim surcharge of £120.

Following last week's judgement, the Council will continue to take matters through due process in order that the extension is demolished.

Counterfeit goods

On 7 February Trading Standards Officers seized four pairs of UGG boots on display for sale and 20 Vans shoes concealed at the rear of a stall on Walthamstow Market.

The footwear was examined by representatives from UGG and Vans who confirmed the items were counterfeit. The stall holder – Mr Chui Ting – said he had purchased the fake goods from a man near Wembley Market.

He sold the counterfeit UGG boots for £35, drastically undercutting the recommended retail price of the genuine article at £200. Likewise, a pair of fake Vans Shoes were available from Mr Ting for £15, rather than £47 for the real thing from a reputable retailer.

At Thames Magistrates Court on 12 August Mr Ting pleaded guilty to five offences under the Trade Marks Act 1994. He returned for sentencing on 6 September and was ordered to complete a Community Order with 80 hours unpaid work, a contribution to costs of £500 and the obligatory £60 victim surcharge. The court also ordered that the items were destroyed.

More info

For more information visit **www.walthamforest.gov.uk** or phone **0208 496 3000**

What you say

Residents tell Waltham Forest News what they think about the Council's work to improve food hygiene standards

June Wallis, Walthamstow

"I mostly go to places I have been before, so don't pay too much attention to ratings on restaurants. It is reassuring to see stuff in the newspaper about the Council cracking down on places over hygiene"

Nicola Howlett, Wood Street

"I tend to rely more on word of mouth when it comes to going to places to eat. When it comes to clothes and shoes I know there are a lot of places that sell fakes, so tend to stick to the chain stores."

Djaffar Sahraoui, Leytonstone

"I would look at the ratings publicised in food outlets, although I don't eat out too much. I think it is a good thing that the Council regularly inspects places and closes down places that are not clean."

Khalid Narod, Walthamstow

"I always look at the food hygiene ratings that are displayed in restaurants and the like. I read just the other day about the place in Hoe Street that the Council shut for hygiene reasons."

Priority: Making our community a safer place

Priority: Helping you and your family

Commitment:

- Continue to pay for extra police officers
- Work with our young people at risk of joining gangs to make sure they have a positive alternative
- Create an anti-social behaviour task force to tackle anti-social behaviour throughout the borough
- Target bad landlords and support good ones

Priority: Keeping our borough clean

Priority: Bringing you better shopping, streets and leisure

www.walthamforest.gov.uk/priorities

Waltham Forest

NAMED & SHAMED

DON'T MESS WITH WALTHAM FOREST

Waltham Forest Council is committed to cleaning up the borough and wiping out enviro-crime in Waltham Forest. We will be taking tough action against those people who continue to blight our borough, and will name and shame the people we catch treating our borough like a dumping ground.

One recent example ended up at Thames Magistrates, Court on Monday 2 September when a Mr Harjinder Sandhu of Grasmere Gardens, Ilford was charged in relation to fly-tipping.

The issue related to rubbish found on the streets of the borough including a cardboard box that had an address on it relating to a company in his name. The Magistrates did not find Mr Sandhu's excuse that the waste did not belong to him credible and convicted him of a Duty of Care offence – which means that even if he did not fly-tip the rubbish himself, he did not take the proper steps to dispose of his waste responsibly.

Mr Sandhu was left more than £1,000 out of pocket, receiving a fine of £300, being ordered to make a contribution towards costs of £710 and having to pay a £30 victim surcharge.

In addition the Council handed out 89 Fixed Penalty Notices in the four-week period between Monday 26 August and Saturday 21 September for enviro-crime offences. Almost a quarter of these went to individuals caught dropping litter, with businesses also fined for the illegal deposit of skips on the highway, and transporting waste without Transfer Notes or Waste Carrier Licences.

More info

To find out more about the Council's, 'Don't mess with Waltham Forest' campaign visit **www.walthamforest.gov.uk/dontmess**. Report an enviro-crime by visiting **www.walthamforest.gov.uk/report-it** or phone Waltham Forest Direct on **0208 8496 3000**.

The Council is offering training to help cyclists feel safer on the roads

Sustainable travel and road safety

- **Cycle-training programme returns in bid to create more confident cyclists**
- **Innovative, hard-hitting play addresses dangerous driving among 16-18 year olds**

With cycling high on the agenda in Waltham Forest, two projects are taking place to encourage more people to get on their bike and improve safety on the borough's roads.

The first is a cycle training programme taking place throughout October and the other is a play exploring driving safety among 16-18 year olds.

The cycle training course is a partnership with Cycle Confident aimed at people living in the borough. The course teaches cyclists about road safety and helps build their confidence. Last year's course helped more than 40 residents become better and safer cyclists. Ranging from total novice to experienced cyclists, the course even offers bikes to trainees that do not have their own but want to learn.

Instructors help people plan their best route to work, college or wherever they want to go, and then incorporate those routes into their lessons to help built confidence.

Dr Bike is also on hand to make sure that trainees' bikes are maintained properly. Adding to the growing success of the course six local schools have already booked Bikeability training for their pupils to encourage the next generation of cyclist to travel on two wheels.

Safe Drive Stay Alive is an interactive film aimed at the borough's 16 to 18 year olds. The hard-hitting production encourages young drivers to drive carefully and reduce their chances of themselves or their passengers from being killed or seriously injured in a crash.

The film follows the story of a group of four friends on a night out who are involved in a car crash.

As the on-screen drama unfolds the film becomes interactive as members of the emergency services that are featured in the film step out onto the stage. They talk to the audience about their real-life experiences of road collision scenes, the reactions of the driver and passengers and how the trauma of a road collision affects them personally.

The story looks into the different factors that might contribute to fatalities and serious injuries while driving, such as speed, distraction, seat belt use and drink driving. The event concludes with moving testimonies from victims of real road traffic accidents to leave the audience with a lasting impression.

The film will be show at Chingford Assembly Hall from Tuesday 1 October until Thursday 3 October.

Cllr Clyde Loakes, Cabinet Member for Environment, said of the programme and play: "Road safety is a priority in the borough and it's vital we do all we can to support its delivery.

"The cycle programme and the play complement each other in creating road users that are confident and conscientious."

More info

To sign up for the course visit www.cycleconfident.com or phone **020 3031 6730**. For more information on road safety visit **www.walthamforest.gov.uk.**

Parking penalty consistency

- **Council looking to implement a consistent approach to parking charges**
- **Penalty charges in north of the borough to be brought in line with the south**

Penalty Charge Notices will be made consistent across the borough

At the moment the Council has two different bands of penalty charges for parking and moving traffic offences in the borough, with charges in the south of the borough higher than those in the north.

In order to bring consistency to the whole of the borough the Council sought approval from the Mayor of London and the Secretary of State to level the playing field so that all parking and traffic enforcement penalty charge levels are the same right across Waltham Forest.

"It's important to a have a consistent approach to parking enforcement across the whole borough so that we can be sure that more people comply with restrictions and so that everyone feels they are being treated evenly and fairly," said Cllr Clyde Loakes, Deputy Leader and Cabinet Member for Environment.

"We don't want to give anyone a Penalty Charge Notice (PCN), but when we do use them we think it is only fair that the amount is the same whether the offence is in Chingford or Leytonstone."

While no one wants to receive a PCN, stamping out illegal parking and combating traffic offences is key to reducing congestion and increasing road safety. Contraventions in areas such as Controlled Parking Zones can clog residential areas with commuter traffic and in some cases the safety and wellbeing of residents can be compromised by inconsiderate and illegal parking.

Waltham Forest currently has a two banding approach to PCN charges, with offences in the south of the borough issued at the higher banding charge (Band A), while the north of the borough is in the lower banding charge (Band B).

By making all charges Band A the Council anticipates that this increased deterrent will see the number of penalty charges issued in the north of the borough decrease. This will help the Council achieve the desired levels of compliance throughout Waltham Forest and improve the environment for all residents so that they can use our roads more safely whether they are motorists, cyclists or pedestrians.

It's important to note that the Council does not solely rely on a penalty charges to encourage motorists to respect parking and traffic restrictions. It also works to identify problems and areas of concern and takes steps such as introducing new and controlled parking zones where appropriate.

More info

For more information visit **www.walthamforest.gov.uk/parking** or phone **020 8496 3000**.

In brief

Your brown bin will be collected every fortnight from Monday 30 September

Brown bins fortnightly

The collection of brown bins on a weekly basis comes to an end on Monday 30 September as the summer ebbs away. Since April residents have seen their brown bins collected every week. By doubling the collection of food and garden waste, the borough achieved a 30 per cent rise in the amount of compostable waste that was collected over the summer months in the first year of implementation. Residents should now revert back to their fortnightly collection schedule.

- **To find out what organic waste you can dispose of visit www.walthamforest.gov.uk/rubbish-recycling Free internet access is available at all libraries in the borough.**

The Big London ENERGY SWITCH

Waltham Forest Council is supporting a scheme to help see if residents can get a better deal on their gas and electricity bills

You may be paying too much for your gas and electricity

How does the scheme work?

- The Big London Energy Switch is a collective switching scheme run by Waltham Forest Council and a number of other councils in London.
- By gathering together a large number of people who want to lower their gas and electricity bills the Big London Energy Switch, using a third party 'switching provider', can encourage energy companies to offer their lowest prices.
- Once registration is closed, all the energy companies are invited to offer their best prices to everyone who registered.
- You will then receive details of exactly how much money you could potentially save by switching.
- You can choose whether or not to accept the offer.

To find out more or to register go to www.biglondonenergyswitch.org.uk or call 020 8496 3000 (if you do not have internet access)

How much can I save?

Savings depend on how much energy you use and the price of your current tariff.

There is no guarantee the switch will save you money, for example if you have recently switched supplier you may already be on the best value tariff. You are under no obligation to accept the offer. A similar scheme has seen yearly savings of between £60 and £200 per household, so there is nothing to lose by registering.

Can I take part?

Anyone who pays a household energy bill can take part, although if you are in debt to an energy company you may not be allowed to switch.

When is the switch happening?

You can register your interest now. Registration will close on 15th October, with offers to customers expected from the 28th October.

In partnership with Waltham Forest

BENEFIT CHANGES

THE GOVERNMENT IS CHANGING

BENEFITS

WHICH MEANS THAT

YOU MIGHT RECEIVE LESS MONEY

Changes are already underway, so find out now what your options are.
If you are worried about the changes or want to find out what support is available from the Council visit **www.walthamforest.gov.uk/benefit-changes** or call **020 8496 3000**

Waltham Forest

NAMED AND SHAMED

DON'T MESS WITH WALTHAM FOREST

£80 ON THE SPOT FINE

DON'T SPIT IT OUT

Spitting is not tolerated in Waltham Forest, it's anti-social and dirty. Use a tissue and bin it.

www.walthamforest.gov.uk/dontmess

WALTHAM FOREST Guardian

Waltham Forest

Walthamstow

Strung Out perform their Express Symphony.
Photo by: Giuseppe Cifaratti and Olya Yakubovych for studio pics and Cate Langmuir for East End Film Festival

Violinists play their way to success

- **Music maestros create a dynamic symphony depicting modern day life**
- **Tune in and be inspired to make beautiful music**

A community music collective has been hitting all the right notes and penned their own symphony thanks to funding from the BBC and Arts Council.

Strung Out is a violin group based in Walthamstow who devised a new symphony which was premiered at Old Spitalfields Market at the East End Film Festival 2013.

Inspired by the word 'express', Express Symphony is a short piece of original music, composed by Alison Jones, the founder of Strung Out. Alison has been a professional performer and involved in arts management for more than 30 years.

The group, who rehearse at The Quaker Meeting House in Jewel Road, received funding from the BBC and the Arts Council to create a symphony inspired by living in East London.

The players recorded sounds, images and words about their lives in Walthamstow for the piece.

Express was performed in four movements and in a unique collaboration with other local community groups led by Lizzy Renihan of Natural Voices and multi-instrumentalist Dick Smith. The orchestra of violins, ukuleles, banjos and voices created a musical retelling of what it is like to live in a multi-cultural city.

Alison said: "I find it uplifting and humbling that the simple act of picking up an instrument and making music together can have such far-reaching effects on young and old. It brings us – and communities – together and has an incredible impact.

"Channelling Strung Out players' feelings about this into Express Symphony has been a wonderful challenge all round, as I've had the responsibility of getting the music right, so that it accurately reflects players' input, at a level playable by everyone."

The symphony was most recently performed with the Walthamstow Acoustic Massive at the Stow Festival earlier this month in Walthamstow Town Square. The collaboration included more than 50 singers and musicians. The group also performed interpretations of Hotel California by The Eagles and One Day Like This by Elbow.

Strung Out has more than 20 members with ages ranging from 19 to 60 plus, many of whom have not played since school days or are absolute beginners.

Member Kathryn Robinson, a semi-retired vicar said: "I hadn't really played violin since school and university so when I saw an ad in Waltham Forest News for people who wanted to re learn I became one of Strung Out's first members."

"Being with other people in a similar position felt very comfortable. I love performing live, too. I was nervous the first time but it was also very exciting. Being part of Strung Out really gives me a buzz."

Appearances at summer festivals are just the start for Strung Out and the aim for the future is to collaborate with music groups from East London and to spread the word that it is never too late to pick up a violin.

More info

To find out more visit **www.strungout@shapeshifter-productions.com** or phone Alison Jones on **020 7018 2927.**

In brief

Inspire a love of reading

A new project has been unveiled to help children improve their reading. Building Brighter Futures is a partnership between The Legacy List and literacy charity Beanstalk. Beanstalk is looking to recruit reading volunteers to work with children in schools on a one-to-one basis to increase their confidence and inspire a love of reading.

• Phone 020 7250 8275 or visit www.beanstalkcharity.org.uk

Darren Hall accepts his award from London Youth Games Chairman Anthony Kendall.

Sporting stars honoured

Waltham Forest's Darren Hall and Pete Waterfield have joined an illustrious band of sporting legends including Mo Farah and Bradley Wiggins by being inducted into the Balfour Beatty London Youth Games Hall of Fame. The pair were among the latest inductees to the Hall of Fame; which features some of the UK's greatest sporting names who competed at the London Youth Games earlier in their careers. Darren is regarded as Great Britain's finest male singles badminton player. He won gold at the 1988 European Championships and 1990 Commonwealth Games. Pete won Commonwealth gold, World bronze and Olympic silver at Athens 2004.

Club gets cash boost

Walthamstow Cricket, Lawn Tennis and Squash Club has received a cash boost of £44,500 from lottery funding. The club will use the grant to refurbish the ladies shower and changing rooms. Club President Robert McKill said: "We are delighted with this award and will be running an open day to celebrate the completion of the project and provide taster sessions. We are sure these new facilities will make the club more attractive for new and existing members."

• To find out more phone 020 8520 5042 or visit www.stowcc.org

Sports and fitness

Morris Dancing for Beginners

Wednesdays, 8-10pm
St Gabriel's Family Centre, Havant Road, Walthamstow, E17 3JF. Blackhorse and Standard Women's Morris dancers invite you to join our Morris side. A fun way of keeping fit whilst learning traditional English Morris dancing. No experience needed. Musicians also welcome. First term free to new members. **For more details phone 020 8527 2926 or visit www.blackhorseandstandard.org.uk**

Chi Kung

Sundays, 9-10am (6 October- 27 October)
Church Hill Studios, 6 Church Hill, Walthamstow, E17 3RY
Regular practice of Chi Kung can increase vitality and relieve stress and tension. Course costs £28 or £9 for single lesson. **For more details phone Heike on 07905 502 183 or email heikeck@hotmail.com**

Connaught Club Chingford

Saturdays, 1-2pm
Barn Hoppett Rangers Road, Chingford
Free tennis lessons for ladies and girls aged15 plus. All abilities welcome including beginners. **For more details phone Nicola on 020 8529 2341 to register.**

Tai Chi for Health

Saturday 5 October, 11am
Walthamstow Academy, Billet Road, Walthamstow. A relaxed class aimed at the over 50s, focusing on improving health. Beginners welcome. **For more details phone Emma on 020 8558 5512.**

Iyengar Yoga class

Saturdays, 9-10am
St Andrew's Church, St Andrews Road, E17 6AR. The practice of Iyengar yoga is suitable for all and helps gain good health, mental peace and emotional balance. £7.50 per class. **For more details phone Nicholette on 07962 424 460**

Circular Flow Yoga

Tuesdays, 7.15-8.15pm
Foster Hall, Wellesley Road, E17 8JZ
Circular flow yoga combines physical practice and postures to create a flow uniting movement, breathing and the mind. £10 drop in or £35 for session card. **For more details phone email sherene@circularflowyoga.co.uk or visit www.circularflowyoga.co.uk**

Hatha Yoga Classes

Wednesdays, 7.30-9.30pm, Thursdays, 7-8.30pm and 8.40-10.10pm
Friends Meeting House, Bush Road, E11 3AU. **Fridays, 7-8.30pm and 8.40-10.10pm and Mondays, 1-3pm**
Peterhouse Centre, Forest Rise, E17 3PW
Hatha yoga helps with anxiety and depression as well as physical problems. Beginners welcome. Classes £8/£8.50. **For more details phone Kay Russell on 020 8554 7168 or email kay_russell_yoga@hotmail.com**

Total Body Toning

Tuesdays, 8-9pm
North Chingford Methodist Church, Station Road. An uplifting full body resistance workout to tone, strengthen and burn calories. First class free then £25 per month. **For more details phone Lucilla on 07956 695077 or email lucilla@onestopfitness.co.uk**

Zumba with Chloe

Tuesdays, 7pm
Walthamstow School for Girls, E17 9RZ
Wear low tread trainers and bring a bottle of water to enjoy this exhilarating dance fitness class in a low preassure atmosphere! Cost £5/£3. **For more details phone 079036 29636 or email chloe@dancechloe.com**

Learn Together Tai Chi

Saturdays from 12 Oct-16 Nov, 3-4pm
Lloyd Park, Aveling Centre, off Forest Road, E17. Join in free Tai Chi classes. You must come with a family member or friend, who is in a different generation to you Under 18s must be accompanied by an adult. Please contact us if you have access needs. **For more details phone 07713 152 999 or email info@daolu.co.uk**

Belly dancing

Tuesdays, 7-8pm
The Asian Centre Orford Road, Walthamstow, E17 9LN. A great way to help you stay in shape and allow you to express your own personal creativity, enjoyed by many people around the world and for all ages.
Enjoy belly dancing for £5 for 1 hour lesson. **For more information phone Sarah on 07735 345 635.**

Fitness for All

Tuesdays, 6-7pm
The Score Centre, 100 Oliver Road, E10 5JY
Fun group exercise classes for everyone aged 14 plus. Open to all abilities. Fun and dynamic, tailored to suit your needs - using boxercise and circuit training methods. **Turn up and take part or phone 07939 366 992 for more info.**

Zumba with Zoe In Leyton

Mondays, 7.30pm
Score Sports Centre, 100 Oliver Road, Leyton. Classes are great fun, an excellent way to keep fit, lose weight and every class feel like a party. £5 per class. **For more details phone visit www.zumbazoe.co.uk**

Clubs and community

Apple Day with E17 Fruit Bag

Saturday 5 October, 11am-3pm
The Mill, 7-11 Coppermill Lane, Walthamstow E17 7HA. Join in the apple mania with apple juice, apple cake and apple games! Live folk music and craft workshops.

E17 Community Kitchen

Late September
Waltham Forest College, Forest Road, E17
Join a free workshop and learn to create healthy meals on a budget. We demonstrate how to cook dishes that are healthy, cheap and easy to make. **To find out more email e17kitchen@gmail.com**

Shaping breads with Raju

Sunday 6 October, 11am-4pm
Hornbeam Café, 458 Hoe Street, E17
Learn how to bake your own speciality breads and pick up baking techniques. **To book email hornbeambakers@gmail.com**

Ladies Tap Dancing Classes

Thursdays, 1.15-2.15pm
St Edmund's Church, Chingford Mount Road, E4. £4 per class. Not suitable for beginners. **For more details phone Mandy on 07976 786 404 or 01992 524681.**

Beginners Computer Courses for over 50s

Starting October
Ten week beginner computer course covering all aspects of getting started with using a computer, the internet, email and basic word processing. Group courses are £39.90 one-to-one £99. **For more details phone Age UK Waltham Forest on 020 8558 5512.**

Drama and music groups

Tuesdays (drama), 6-8pm, Wednesdays (singing) 6-8pm
Walthamstow Academy, Billet Road, Walthamstow E17. Ever fancied treading the boards or belting out a tune? Join a new amateur dramatics or choral singing group. **For more details phone Emma on 020 8558 5512 or email info@ageukwalthamforest.org.uk**

Self Confidence Workshop (women only)

Wednesday 16 October, 10am-12noon
Near Walthamstow Central Station
Free workshop to boost your confidence so you can reach your potential. **Places must be booked in advance by phoning Debra Oakaby on 07906 007 613 or email debra@coachmesmart.co.uk or visit www.coachingwomennow.co.uk**

Chingford District Model Engineering Club Charity Event

Sunday 6 October, 1-5pm
Ridgeway Park off Peel Close, Chingford
Raise funds for the Engine Shed, a charity which provides support to children with autism, at this charity event. **For more details visit www.chingford-model-engineering.com**

The Engine Shed train club

13 Oct, 10 Nov & 8 Dec, 11am-2pm,
56 Friday Hill East, Chingford, E4 6JT
A free club for children on the autistic spectrum and their families. Model Hornby train sets will be set up along with train-related resources for children to play with. Children also not on the spectrum welcome. **For more details text Gill on 07817 108 045 or email theengineshed@hotmail.co.uk**

Massage Therapy Sessions

First and third Saturday of the month, 2-6pm
Harmony Hall, Studio Room, 10 Truro Road, off Walthamstow Market. Relieve your aches, pains and relax with regular massage therapy. Massage couch or massage chair can be used. **For more details phone Sonja on 07847 603 423 or email mail@infinehealth.co.uk**

Charity quiz night

Saturday 12 October, 7pm
St Edmund's Church Hall, Larkswood Road, Chingford, E4 8JL. Raise money for Parkinson's UK by taking part in fun quiz. Ploughman's supper provided. **To book a place Joyce on 020 8527 5111.**

Walthamstow Knitting Circle

Wednesdays, 8-11pm
The Bell, 617 Forest Road, E17
If you have a passion for knitting and crocheting why not come along to this friendly group. Just bring your needles or hooks. **For more details email alessandrarigillo@googlemail.com**

Open Heart Meditation

Register your interest for this class to reduce stress. **Email info@heartfulnesstherapy.com or visit www.heartfulnesstherapy.com**

Lea Bridge Conservation Volunteers

First Sunday of every month, 9.30am
1 Connaught Close, Lea Bridge Road, E10 7QS. Come and help clear scrub on Walthamstow Marsh. All tools and instruction provided. New volunteers welcome. **For more details phone 07757 766950 or email info@lbcv.org.uk**

Community local produce stall

Saturdays, 10.30am–3pm
St John's Church, Church Lane, Leytonstone
A stall selling delicious, locally grown organic fruit and vegetables, and other local produce. A partnership between Organiclea and Transition Leytonstone. **For more details email stall@transitionleytonstone.org.uk or phone 020 8556 0885.**

Free evening meals for the needy

Every Thursday, 7.30-9pm
425 Lea Bridge Road, E10 7AE
Omeed Bridge the Gap gives free evening meals to all needy and homeless people in Waltham Forest regardless of race and faith. We can also deliver meals to local people who are disabled and unable to come to the centre. **For further information please phone Zahid on 07554 706 844 or Nazir on 07544 488 999.**

Scavenger Hunt

Sunday 6 October, 11am
Henry Reynolds Gardens, Browning Road, Leytonstone
The Bushwood Area Residents' Association (BARA) is hosting a fun scavenger hunt. Take part, solve clues and win prizes! Entry is £4 per team, or £5 per team for non-BARA members. There will be prize goody bags for the winning teams and prizes will be awarded at approximately 2pm.

Culture and crafts

1984

11,12 and 13 October, 8pm
The Forest Community Centre, Guildford Road, E17 4EA. Drama Workshop of Waltham Forest present George Orwell's classic 1984. **To book tickets phone 020 8524 7269 or visit www.dramaworkshopwf.org**

Council Priorities

Keeping you updated

Last summer 1,500 of you gave us your views on where the Council should focus our efforts until 2014.

	Priority	Commitment
	Making our community a safer place	Continue to pay for extra police officers
		Work with our young people at risk of joining gangs to make sure they have a positive alternative
		Create an anti-social behaviour task force to tackle anti-social behaviour throughout the borough
		Target bad landlords and support good ones
	Keeping our borough clean	Guarantee to continue to provide a weekly waste and recycling service
		Work constantly to keep our streets clean and litter free
		Not tolerate those who fly-tip and dump rubbish in our borough and will push for more powers to prosecute offenders
		Offer an unlimited and free collection of bulky waste items from your doorstep
	Bringing you better shopping, streets and leisure	Work to make our high streets thrive with a variety of shops and services to meet your needs
		Upgrade our pavements and roads
		Bring a cinema to the borough and rebuild or upgrade all of the borough's leisure centres
		Improve every park in the borough
	Helping you and your family	Not raise council tax and will continue to fund the freedom pass
		Make sure you have access to training and education that helps you get a job whatever your age
		Support schools so that they can deliver a high quality education for our young people in decent buildings
		Work with the community to keep vulnerable adults and children safe

Here are the latest highlights on the progress we're making on each of the priorities and commitments.

Waltham Forest

Making our community a safer place

Our commitments to make the community safer

Your views:

- **71 per cent of you think the Council is making the community a safer place, up from 65 per cent last year***

Continue to pay for extra police officers.

We pay £1million per year for extra officers to make the borough even safer. After negotiating with the Mayor of London, we have also received an extra 119 police officers to the borough, which is the biggest increase in London.

Create an anti-social behaviour task force to tackle anti-social behaviour throughout the borough.

Our anti-social behaviour taskforce have continued to take a tough stance on anti-social behaviour (ASB). We have just completed a successful summer ASB initiative with our police partners tackling a range of issues. These include both problem youths and adults loitering in public spaces, street drinkers, problem animals, littering and vehicle nuisance.

We have issued two ASBOs against street drinkers, and have launched our action plan to work with partners across the borough to tackle street drinking hotspots.

We have also worked hard to sign up local businesses to our 'Reducing the Strength' campaign. This means several premises in the E17 and E11 areas have agreed to stop selling super strength alcohol.

Work with our young people at risk of joining gangs to make sure they have a positive alternative.

Recorded instances of serious youth violence as at the end of June 2013 have fallen by 14 per cent when compared to the same period for the previous year.

At the end of June 2013, the Council had engaged and begun working with 371 families through the Troubled Families programme. This is 85 per cent of the families identified to date.

Target bad landlords and support good ones.

Since 2012 we have issued 213 enforcement notices to bad landlords in our borough.

If you rent your home through the private market, we also operate a Property Accreditation Scheme which can give you peace of mind that you're getting the best deal. We have inspected and awarded 112 properties since January 2013, recognising good landlords by allowing them to display our mark of quality in their property if they meet our high standards.

Every street in the borough has at least one empty property that could become a great home, so we're working with landlords to put these back into use.

Since May this year over 60 empty properties have been reported to us, and we hope as many of these will be put back into use as possible.

Did you know that if you own an empty property in Waltham Forest you could get for a grant to help improve it? To find out more, including how to report an empty property, please visit **www.walthamforest.gov.uk/empty-properties**

Case study:
Waltham Forest Gangs Project

The highly regarded project funded by the Council has attracted much interest this year, with Theresa May, Home Secretary and Boris Johnson, Mayor of London, visiting the scheme this August with Rt Hon Iain Duncan-Smith MP.

We work closely with local partners and volunteers to provide services split into four specialist areas. We help not only young people deeply entrenched in gang culture, but also their families, whose lives are often badly affected, and crucially, preventing those most at risk of getting involved with gangs in the future from falling into the trap.

* The Resident Insight Survey July 2013

Keeping our borough clean

Our commitments to keep the borough clean

Your views:

- **79 per cent of you say we are doing well keeping the borough clean, up from 76 per cent last year***

Work constantly to keep our streets clean and litter free.

We have recently launched our 'Don't Mess with Waltham Forest' campaign to tackle enviro-crime. Whether it's urinating in the street, not clearing up dog mess, spitting, fly-tipping or littering, we will not tolerate those who mistreat our borough.

We are also asking local businesses to sign our Business Litter Pledge, meaning they agree to do their bit by keeping the areas around their premises litter-free.

For more information, or to report an enviro-crime, please visit **www.walthamforest.gov.uk/dontmess.**

Offer an unlimited and free collection of bulky waste items from your doorstep.

We are still one of only three London boroughs to offer free unlimited bulky waste collections. Other boroughs not only restrict the number of items, but also charge for this service. We understand the importance of keeping this service free and accessible and the role this plays in ensuring communities stay free from unsightly waste.

Crucially, this is also a vital tool in combating fly-tipping. Rates have reduced by a third (32 per cent) over the last three years – down from 5,808 incidents in 2010/11 to 3,951 in 2012/13 – the best reduction figures in London.

Guarantee to continue to provide a weekly waste and recycling service.

We have continued weekly waste collections for all households. As summer draws to a close, main household waste will continue to be collected each week on the same day, with food and garden waste collections changing to every fortnight. We are also pleased to see recycling collected from kerbside has increased by 2,535 tonnes from last year.

Not tolerate those who fly-tip and dump rubbish in our borough, and to push for more powers to prosecute offenders.

Our enforcement officers patrol the streets and can issue FPNs (fixed penalty notices) and £80 on-the-spot fines to anyone caught committing enviro-crime offenses. We are also working with our local Police Safer Neighbourhoods Team to enforce these.

Between July and September alone, we issued more than 200 FPNs and prosecuted three people. We 'Name and Shame' all those prosecuted in Waltham Forest News and on our website. We are the first borough to successfully prosecute someone for spitting. For the full story see the front page of the newspaper.

We are currently working to secure powers to give out fines to those caught fly-tipping.

Your views on our crackdown on spitting

Angela

"I regularly see people spitting – it really is disgusting and anti-social. While the £80 fine can seem quite harsh, it's important we educate people that it's just not an acceptable thing to do."

Nicky

"I'm always cleaning up outside my premesis, so I support this – it's not nice for anyone to see, including my customers, and it's bad for business."

Ariadna

"The Council shouldn't have to give out fines, but it's worth it if it stops people spitting. When you have young children, especially if they're crawling or toddlers, it's really unhygienic for them to be around that. It sets a bad example for them too."

* The Resident Insight Survey July 2013

Bringing you better shopping, streets and leisure

Our commitments to regenerate the borough

Your views:

- **79 per cent of you say that you are satisfied with your local area, up from 75 per cent last year***
- **75 per cent are satisfied with the way the Council is regenerating the borough, up from 68 per cent last year***

Bring a cinema to the borough and rebuild or upgrade all of the borough's leisure centres.

We are delighted that work is now underway on the borough's new £30million cinema complex, The Scene at Cleveland Place.

Built on the old Arcade site, it will also include shops, restaurants and homes, as well as creating much needed jobs for local people. The cinema is due to open in Winter 2014, with the rest of the complex due to complete in Spring 2015.

As part of our pledge to provide better leisure facilities, a £24.5million programme of major improvements to our leisure centres is ongoing. They are being closed for extensive refurbishment, and then re-opened under new names.

Work is complete at Walthamstow Leisure Centre (formerly Kelmscott Leisure Centre) and Leyton Gym (formerly Plumtree Studios).

Leyton Leisure Lagoon is currently closed, due to re-open late October 2013 when it will be known as Leyton Leisure Centre. The track at the Pool and Track will also re-open in October, leaving a final two centres to be completed.

For more information, visit **www.walthamforest.gov.uk/betterplace**.

Work to make our high streets thrive with a variety of shops and services to meet your needs.

£9million is being spent on improving nine of the boroughs high street areas, work includes shop fronts and street improvement works.

Local attractions are also thriving. William Morris Gallery is now award-winning, after taking the prize of Museum of the Year 2013, and has had over 100,000 visitors this year.

The Department of Transport have agreed to invest over £1million in the redevelopment of closed Lea Bridge station, meaning the project is now fully funded.

Once re-opened, local residents will be able to travel from Lea Bridge to Tottenham Hale or Stratford in just five minutes.

Improve every park in the borough.

We have already spent over £2.1million on improving our parks, playgrounds and open spaces. Over half are complete and work on the rest is ongoing.

Leyton Jubilee Park has received a £2million boost and we are transforming Drapers Field into a first rate open space using £2million Olympic Legacy funding.

You can read more on our parks and play areas in this editions coverwrap.

Pavements and roads.

We want to make your travels around the borough as safe and easy as possible, so we are investing £2million to look after our pavements and roads.

Focussing on 30 mainly residential streets, this will see £300,000 spent on repairing dangerous potholes, and an extra £1.7million will be spent on upgrades to footways across the borough.

Your views on regenerating the borough

Nataliya

"I like visiting the parks – they're perfect for walking and relaxing. I've also noticed quite an improvement to the road surfaces which makes driving easier and safer."

Tariq

"My local library is a great place to go – the staff are really friendly. I can take my own laptop and connect to the free Wi-Fi for as long as I like and there's no problem."

Harriet

"I've really noticed a difference over the last year. People have been saying our borough is an 'up and coming area' for a long time, but it really feels like it's becoming a truly great and desirable place to live. Lloyd Park is a fantastic place."

Barbara

"The borough looks a lot better since this extra money has been spent. The parks and open spaces are beautiful and I like having adventure play areas for my son to enjoy. The playgroups in the borough are also fantastic."

* The Resident Insight Survey July 2013

Helping you and your family

Our commitments to help you and your family

To not raise council tax and to continue to fund the freedom pass.

During these tough economic times, we are trying to do all we can to help our residents make their money go further. One aspect of this was our pledge to freeze Council Tax – and we have not only done that for this year, but also promised it will not increase next year, either.

We have also continued to fund the freedom pass for 37,000 older and disabled residents who can travel free on almost all public transport in London. This is 2,700 more than last year.

You can find out if you are eligible and how to apply at your local Post Office or online at **www.londoncouncils.gov.uk**

Work with the community to keep vulnerable adults and children safe.

The innovative "icare" project, developed by our Provision for Independence team, has given vulnerable people access to technology.

The project secured funding for equipment, such as iPads and iPods. Service users, including those living with dementia and learning difficulties, have seen immediate impact on their lives. Uses are tailored to individual needs; from keeping in contact with family via Skype calls, to enjoying personalised music playlists.

Support schools so that they can deliver a high quality education for our young people, in decent buildings.

Standards of education have improved once again this year; we've seen the best ever GCSE results, and our A level results are now above the national average.

The quality of the building and facilities children use is just as important as the quality of teaching for their learning and development. Our multi-million pound investment programme will improve 22 primary and secondary schools across the borough.

Three primary schools have already seen improvements, with major construction underway at St Saviours C of E Primary School in Walthamstow.

As part of our secondary school programme Willowfield Secondary School in Walthamstow will be relocated into a brand new building. Pupils at Leytonstone Secondary School will also see the building refurbished.

For more information, visit **www.walthamforest.gov.uk/betterplace**.

Your views:

- **61 per cent of you think the Council achieves well in helping you and your family, up from 54 per cent the last time we asked***

Case study: Breakfast Clubs - Get smart with a healthy start

We want our children to have the best possible start and establish good habits from their first day at their new school. So, Waltham Forest Council will subsidise the cost of a breakfast for each child in Reception and Year 7.

There are two ways to join the Waltham Forest Breakfast Club. If your child is already enrolled in a breakfast club in a participating school, you can get a subsidy of up to £5 per week in the amount you pay for the rest of the school year.

Participating schools that do not currently run a breakfast club will provide children with a nutritious snack pack subsidised by the council, to eat on arrival or during the morning break.

To find out more visit **www.walthamforest.gov.uk/breakfast-club**

Make sure you have access to training and education that helps you get a job, whatever your age.

In a challenging job market, and especially with the current benefit changes, we want to do as much as possible to help our residents into work. Our teams focus on business, employment and skills.

Waltham Forest Adult Learning Service offers courses to help adults of all ages to gain new skills that help them find a job. Over 6,000 people enrolled on courses last year, with 2,743 gaining qualifications and many more achieving their personal or course objectives.

As pledged, we have taken on 41 apprentices at the Council. Our new Employment Team is also working with our partners to re-engage young people, and has held the first in a series of events, which more than 700 young people attended.

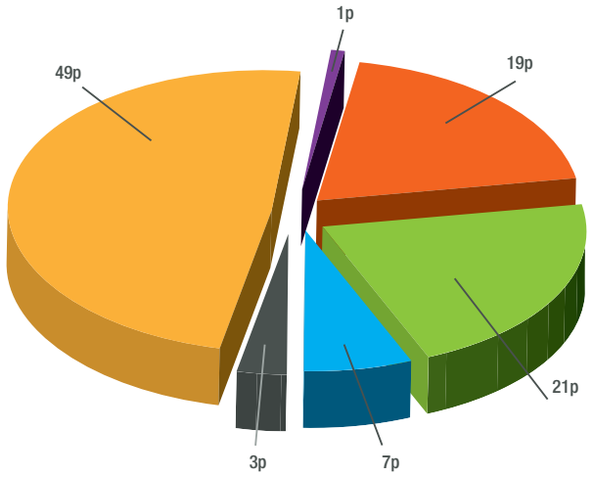
* The Resident Insight Survey July 2013

Where does the Council's money come from?

We know that our residents are feeling the pinch thanks to government cuts, higher prices and rising unemployment. We want to do more to help, and that's why we're freezing council tax up to 2014. This will make four years in a row that we've not raised council tax.

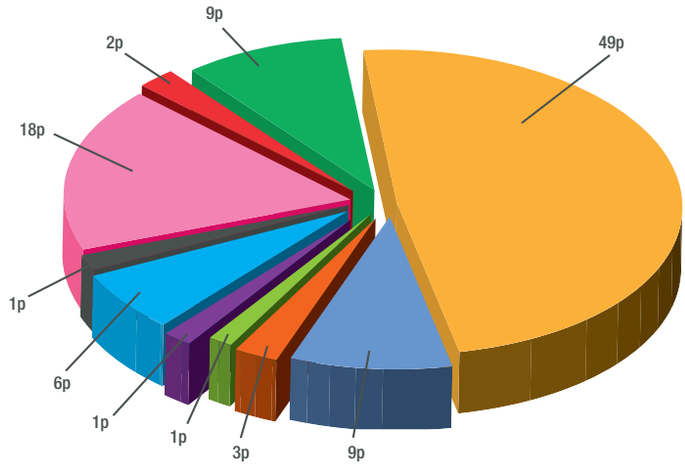
While hardworking families have been hit by the recession the Council has also been facing financial challenges. Rising prices across the board and a reduction in the funding we receive from government means that we've had to tighten our belts and do things differently. These pie charts show where each pound comes from and where it is spent

Where each pound comes from:



- Council tax
- Business rates
- Revenue Support Grant
- Early Intervention Grant
- Dedicated Schools and Pupil Premium Grant
- Other Government Grants

Where each pound is spent:



- Adult social care
- Culture and leisure
- Other education
- Schools and pupils
- Children and families
- Housing safe and strong communities
- Revenues and benefits
- Development
- Public realm and other environment services
- Other

Making every penny count

Rather than pass the burden on to our residents, we've tried to change the way we work and make smarter use of the resources (be they budgets, buildings or staff) available to us.

While we've sadly seen job losses across the board, we've done our best to make savings in ways that won't directly affect you or your family. This has allowed us to maintain weekly bin collections and keep all of our children's centres open.

The savings we've made

We have saved £65million since 2011

We've made practical, lasting savings by...

- Cutting Councillors' pay by five per cent, saving £372,000
- Cutting Chief Executive's salary by ten per cent
- Freezing pay for all Council staff
- Changing the terms and conditions our staff receive, saving more than £2million
- Reducing the amount of jobs that don't deliver services direct to residents
- Moving staff out of Silver Birch House, saving the taxpayer almost £850,000
- Sharing bills, skills, expertise and senior management with Ascham Homes, the Council's housing provider
- Reducing money spent on children centres by changing the way they deliver services, instead of closing them
- Closing costly one-stop-shops and providing those services in libraries and other Council buildings
- Cutting out the middlemen when buying equipment for elderly/ disabled residents, at a lower cost to the taxpayer
- Reducing the number of Cabinet Members and Council meetings
- Working in partnership with other councils to share services

What does my Council tax help to pay for?

Here is a snapshot of just some of the services that the Council provides…

We run two museums and galleries; the award-winning William Morris Gallery and Vestry House Museum

Provide help, support and a way out for gang members; 120 this year

As part of our 'Get Together' programme, we host free events for everyone to enjoy. These have attracted over 65,000 visitors this year so far

Maintain over 60 parks, children's play areas and open spaces, including investing £2m each for Leyton Jubilee Park and Drapers Field

Keep our streets clean by issuing over 2,000 fixed penalty notices with fines, and prosecuting 136 people for enviro-crimes

Run six leisure centres, all of which are included in our £24.5million major refurbishment programme for better leisure facilities

Support 84 schools, educating 40,030 children and young people and investing over £30million in improvements to buildings and facilities

WE ALSO…

Safer place

Worked hard to ensure an extra 119 Police officers are on our streets

Borough clean

Collect over 1,500 tonnes of waste from 99,130 homes in the borough each week

Respond to requests around licensing issues – 1275 last year

Clean 480km of streets at least once per week

Shopping, streets and leisure

Run eight libraries

Process 1,704 planning applications in the last year

Helping you and your family

Look after 300 children in care

Work with Ascham Homes, who manage 12,400 homes in the borough on our behalf

When we say 'last year', we mean between April 2012 and April 2013.

YOUR OPINION COUNTS

www.walthamforest.gov.uk/makeitcount

We've appointed a commission of experts to provide some recommendations about how we can help the borough's economy grow. They want your views on how we can create a prosperous borough.

Take part and make your opinion count by Friday 4 October

Led by Professor Tony Travers of the London School of Economics, they will be spending the next few months looking at ways in which the borough can create a stronger local economy, as well as sustainable growth and employment for existing and future residents and businesses.

Have your say

You can share your views by completing the online survey at **www.walthamforest.gov.uk/makeitcount**

Free internet access is available at all libraries in the borough.

You can also request a hard copy of the Economic Growth Commission survey by phoning customer services on **020 8496 3000**.

It will only take a few minutes and will help to shape the borough and improve the quality of life for everyone.

You can also visit our final street stall to share your opinion on Tuesday 1 October, Chingford Mount Road (Junction of Albert Crescent and Old Church Road) Chingford E4. 1.30pm – 4pm. Why not pop down and make your opinion count.

Have your say and you could win a £50 shopping voucher!

Complete the survey by

4 October

and you could win one of four £50 shopping vouchers.

Winners will be picked at random and contacted by 18 October.

We will provide feedback on the results of the survey and the recommendations of the commission through Waltham Forest News. You will also be able to visit **www.walthamforest.gov.uk/makeitcount** to find out more.

Waltham Forest

WMG Late: Ink & Drink

Thursday 3 October, 6.30-10.30pm
William Morris Gallery, Lloyd Park, Forest Road. Sip a drink, relax with friends and get colouring under the expert guidance of professional illustrator Niroot Puttapipat. There will be drawing stations and free materials throughout the gallery. **Just drop in and draw.**

E17 Designers Showcase

2 October – 31 October
Vestry House Museum, Vestry Road, E17 9NH. Display of work from E17 Designers with selected items for sale at the shop. Items will be handmade and affordable. **For more details visit www.e17designers.co.uk**

E17 Designers' Autumn Market

Sunday 6 October, 2.30-6pm
The Asian Centre, Orford Road, E17 9LN Offering treats from handmade bags, furnishings and fashion to jewellery, art and photography. Live music from The Alcachofas and chance to win an E17 Designers goody bag!

Local History

Wednesday 9 October, 8pm
Chingford Historical Society, Chingford Foundation School, Nevin Drive, E4
For the opening meeting of the new season Tony O'Connor (Epping Forest Museum curator) will tell the story of Forest Retreats. **For more details phone 020 8524 9642.**

Exhibition Waiting

Until 6 October
The Mill 7-11 Coppermill Lane, E17 7HA Artist Esther Neslen's six waiting people converge on the Living Room. Drawings and sculptures by Esther. Words and soundscapes submitted by Walthamstow poets and artists. **For more details phone 020 85213211.**

Chinese and calligraphy lessons

Dates and times to suit individuals
Tutoring available at various levels by an experienced native speaker with a focus on speaking, reading, listening and writing. **For more details phone 07540 753 562 or email learningmandarin@hotmail.co.uk**

Family History Research

Tuesday 8 October, 8pm
Spruce Hill Baptist Church Hall, Brookscroft Road, E17 . Talk by Michael Gandy, an internationally renowned genealogist who will describe the full range of records that can give you fascinating insights into your family history research. **For more details phone Mark on 020 8530 4755 or email mcarroll@waitrose.com**

Piano and drum kit lessons

Leytonstone location
All styles covered from classical to rock and pop. All ages and abilities welcome. **For more details email linleysound@googlemail.com**

Life Drawing in Leytonstone

Every Thursday, 8-10pm
Crown Pub, 692 High Road, Leytonstone, E11 3AA. This is an unconventional drawing class, untutored, sociable and friendly. We like learning from each other about various drawing techniques, anatomy and shading. Drop-in session and art materials are provided. **Cost is £5 per session.**

Waltham Forest Community Choir

Mondays, 7.30-9.30pm
St Mary's Church, Walthamstow Village
A friendly choir with a wide-ranging repertoire. Open to those living or working in Waltham Forest. New members welcome. **For more details phone 07954 740 745 or email info@singwithus.net**

Children and young people

Writers and Actors Forum

Saturdays, 3-5.30pm
Lea Bridge Road Library, Leyton
Literacy workshop for young people aged 9-13. Classes are free but must be booked in advance. **To book call Jasmine on 07949 581 165 or Fabian on 07845 432 401.**

Peterhouse Baby and Toddler Group

Mondays, 9.15-11.15am
Peterhouse, Upper Walthamstow Road
Join us for tea, coffee, singing, playing and a friendly chat. Sorry no over fives. **For more details phone Sarah on 07779 124 888 or Amy on 07919 336 532.**

Bongalong Early Risers

Saturdays, 8.30am
St Mary's Welcome Centre, 8 Church End, E17 9RJ. Creative music for under fives and their carers. £6 per child (book 6 classes for £30). **For more details phone on Fiona 07811 460 282 or email fiona.bongalong@gmail.com**

Spanish for Toddlers

Saturdays, 10.30am
Mission Grove School, Buxton Road, E17 7EJ. Learning Spanish in a fun environment. Suitable for 4-6 year olds. Taught by a native speaking Spanish tutor. £70 per term for 11 week course. **To book phone 07568 157028 or email rachelbettelley@hotmail.com**

French For Children

Saturdays, 12noon
Mission Grove School, Buxton Road, E17 7EJ. Learning French in a fun environment. Suitable for 4-6 year olds. Taught by a native speaking French tutor. £77 per term for 11 week course. **To book phone 07568 157028 or email rachelbettelley@hotmail.com**

Atty's Musical Steps

Tuesdays, 10.20-10.50am (baby), 11-11.40am (toddler) at The Mill, Coppermill Lane. **Wednesdays, 9.50-10.20am (baby), 10.30-11.10am (toddler)** at the Salvation Army Shop
Innovative, simple musical games and fun to help develop your little one's communication, creativity and language. **For more details phone 07950 526 662 or email atty.cronin@musicalsteps.co.uk or**

Youth Out East

Wednesdays, 6-9pm
ELOP Centre, 56-60 Grove Road Walthamstow E17 9BN
A weekly youth-led social group for people aged 13-21 (up to 25 for young people with support needs) who are LGBT or questioning their sexuality. Youth Out East is a chance to meet other young people who are LGBT and share experiences in a supportive environment. This is a space for you to be yourself, meet new people and make new friends. Entry £1. **For more information phone 020 8509 3898 or email info@elop.org**

Little Legs Football Training

Mondays, 5.30-7pm
Goals Centre, Morrisons Avenue, E4 8SN Eastside Rangers Community Football Club offer football training for boys and girls aged four to 14. We are forming an under 7s team now. Play matches, work on the basic skills, learn the rules and have fun! Medals to be won. Staff all qualified and trained to meet the needs. £5 per child per week or £40 per 2 month block. **For more info phone 07939 366 992 or visit www.eastsiderangersfc.co.uk**

E17 Junior Guitar Club Saturdays

Hornbeam Centre, 458 Hoe Street, Walthamstow
Date and time to suit individuals
Guitar playing fun for children of all abilities. Ages 7 and upwards. Pay £8 for a taster session, then £48 for a half-term of six lessons 30 minutes each. **For more details phone Christian Karlsson on 07958 471 083 or e-mail chris@stunningmusic.com**

Maths and English Tuition

Tuesdays, 4.15–6pm
St Mary's Church Hall, Lindley Road, Leyton, E10 6QT. Leyton First Class Learning help children succeed in Maths and English. **For more information phone Rosa on 020 8505 4505 or 07503 140 389 or email leyton@firstclasslearning.co.uk**

Avola Dance Academy

Days and times vary
Shern Hall Methodist Church, Shernhall St, Walthamstow, E17 9HX
Ballet, tap and freestyle dance classes for school age children. **For more details phone Nicola on 07814 781 642 or email avoladance@hotmail.co.uk**

Melody Movement

Fridays, 10.30am
Shern Hall Methodist Church, Shernhall St, Walthamstow, E17 9HX
Offering dance and movement for children aged 2 and above. **For more details phone Nicola on 07814 781 642 or email avoladance@hotmail.co.uk**

French club for children

Saturdays, at various times
Beulah Road, Walthamstow
Sessions for children aged 5 to 10 years-old to learn the language through games, songs and writing. £36 for the half term. **For more details phone Florence on 07954 387 935.**

Walthamstow Wolves FC

We are looking for goal keepers in year 4 and year 5 in September. If interested phone Dominic on 07956 221 053. **For more information on Walthamstow Wolves visit www.walthamstowwolves.com.**

Walthamstow East Children's Centre Welcome Meetings

Every Tuesday, 9.30-11.30am
Woodside Children's Centre, Wood Street, E17 3JX. Drop in for refreshments and to find out about the services and activities on offer for you and your pre-school child. **To find out more phone 020 8509 4375.**

Children and Young People's Directory

Compiled by the Council's Family
Information Service (FIS), the directory gives free, impartial advice on childcare, general information on a wide range of services for children, young people and families and lists leisure and recreation activities of all kinds. **For more information visit http://csd.walthamforest.gov.uk**

Community Ward Forums

Cann Hall and Cathall

Monday 30 September, 7-9pm
Epicentre, 41 West Street Leytonstone London E11 4LJ

Higham Hill

Tuesday 1 October, 7-9pm
Whittingham Community Primary School, Higham Hill Road, Walthamstow, E17 5QX 7-9pm

Valley and Larkswood

Wednesday 9 October, 7-9pm
The Brotherhood Hall, 2a Larkswood Road, Chingford London E4 8LP
For more information on Community Ward Forums visit www.walthamforest.gov.uk/community-ward-forums

Council Meetings

Thursday 3 October

Community Safety Board AGM
Overview and Scrutiny Management Committee

Monday 7 October

Pension Fund Committee

Tuesday 8 October

Cabinet, 5pm
Planning Committee, 7pm

Wednesday 9 October

Licensing and Gambling Committee
All meetings are held at Waltham Forest Town Hall and start at 7.30pm unless stated otherwise.

Tell us what's on

Email your event details to: walthamforestnews@walthamforest.gov.uk

Free internet access is available at all libraries in the borough.
The deadline for 28 October 2013 edition is **Friday 11 October**
Please note inclusion cannot be guaranteed, due to the high volume of requests received.

How did over 160,000 people just like you quit smoking last year?

Stoptober

They all completed the Stoptober 28 day challenge.

Sign up now at smokefree.nhs.uk/stoptober

You'll be able to choose from loads of free tools to help you get through all 28 days like:

- **A free pack through the post, with everything you'll need to take the challenge**
- **The stoptober mobile app that will help you track your achievements**
- **Regular texts will keep you focussed**
- **Emails packed full of useful tips and advance**
- **Chat to loads of other people taking part on facebook.com/stoptober**
- **Follow @stoptober on twitter to share your Stoptober experiences and see how others are doing**

Interview

Name: Dr Judith Bubbear
Job: Consultant Rheumatologist
Job location: Whipps Cross University Hospital & Chingford Osteoporosis Clinic
How long have you worked in the borough? 3 and a half years, since 2010

Stoptober

What do you love about your job?

I love the variety.

We treat a large range of conditions in rheumatology clinics. Some patients have simple conditions like tennis elbow and may just need to be seen once for advice and treatment.

Other people have more complicated diseases such as rheumatoid arthritis (RA) and will come to see us for many years.

It's great that there have been advances in treatment recently. We are able to treat chronic conditions better and have a much greater chance to reduce people's pain and improve their quality of life even though we can't cure them.

Why does someone in your job and position care about smoking?

Smoking has been shown to be a factor in the diseases we treat. Rheumatoid arthritis (RA) is a chronic inflammatory arthritis that causes swollen, painful joints. Smokers are at least twice as likely as non-smokers to develop RA. If people continue to smoke after developing RA they have been shown to have more severe joint disease, more rheumatoid disease outside the joints (such as nodules under the skin) and inflammation in the blood vessels (vasculitis). Furthermore the treatments seem not to work so well if someone is a smoker. Also having RA increases a person's risk of having heart disease and smoking increases this risk even further.

Smoking also increases your risk of osteoporosis. Osteoporosis is a bone disease where the bones become less dense. They are therefore not as strong leading to an increased risk of broken bones. Broken bones cause significant pain and suffering for patients. Hip fractures are common, but 1 in 5 elderly people who have a hip fracture will die in the next year. Smoking is one of the causes of osteoporosis that we can change.

How does smoking affect my patients?

Rheumatoid arthritis is an auto-immune disease. It occurs when your body's immune system attacks your own body.

Smoking has been shown to trigger auto-immunity and make it more likely that you will develop the auto-antibodies that cause rheumatoid disease.

Smoking affects bone health in many different ways. It influences hormone levels, kills the cells that build our bones and damages the blood supply to the bones. All these things lead to thinner more fragile bones and osteoporosis.

If you could get one message across to local people, what would it be?

Stopping smoking not only reduces your risk of heart attacks and lung cancer, but also other diseases like rheumatoid arthritis and osteoporosis. You can't affect your genetic risk of developing these diseases, but you can significantly reduce the risk by giving up smoking.

Stoptober is a national stop smoking initiative, in its second year, spearheaded by Public Health England. To find out more about this and other ways to stop smoking, call Smokefree Waltham Forest on 020 8532 6284

Taking the Stoptober Challenge?

If you want free face to face support contact the local stop smoking service for more information on 020 8532 6284.

Smokefree Waltham Forest Stop Smoking Clinics

Practice	Day/Time	Address
Comely Bank	Monday 3:30-6pm	46 Ravenswood Rd, Walthamstow, E17 9LY
St James	Tuesday 5-7pm	47 St. James's Street, Walthamstow, E17 7NH
Langthorne Health Centre	Thursday 2:30-5pm	13 Langthorne Road, Leytonstone, E11 4HX
Whipps Cross Hospital	Saturday 10-12pm	Main Hospital Corridor Junction 4 Whipps Cross Road, Leystonstone, E11 1NR

These clinics operate on an appointment basis only, please call 020 8532 6284

Waltham Forest

Leyton Library to be transformed

Works to transform Leyton Library into a fantastic new Library Plus that will offer residents a host of additional services are underway.

Once complete the refurbished library will boast a modern IT suite with fast, reliable access to the internet along with a larger children's library that includes a new activity space and storytelling area. There will also be an improved adult section and a dedicated library for teenagers, with new books for young adults, a study space and computers.

Cllr Ahsan Khan, Cabinet Member for Health and Wellbeing, told Waltham Forest News: "Designed with the help of residents, we have listened to what local people have had to say to make sure that our updated library meets their needs.

"It's important that our libraries move with the times to make sure that they are still relevant to the communities that they serve. By making more services available under their roofs and ensuring that they are linked up to the latest technology we will encourage a new generation of users to walk through the door.

"While we know the works will cause some disruption, our 'pop-up' libraries are being well used and we are sure that the refurbished library will be more than worth the wait."

Leyton Library is temporarily closed while the refurbishment works take place and will re-open early next year. During this period two temporary 'pop-up' libraries are in operation to make sure that residents can access a range of books and other library services.

These temporary libraries are at nearby Leyton Youth Centre; open on weekdays from 9am to 7pm, on Saturdays from 9am to 6pm and on Sundays from 12noon to 4pm . Sidmouth House is open on weekdays from 4.30 to 7pm, on Saturdays from 9am to 6pm, and on Sundays from 12noon to 4pm.

Both sites offer a mixture of adult and children's books and PCs with internet access. Free wi-fi services are also available at both sites. In addition, residents will be able to reserve books online to be collected at both sites free of charge.

During Leyton Library's closure, all other libraries will remain open, with the nearest alternatives at Leytonstone and Lea Bridge. Weekend opening hours at nearby Lea Bridge Library have been extended on Saturdays from 9am to 6pm and on Sundays from 12noon to 4pm.

Following the completion of works to Leyton Library, Walthamstow, Chingford and Leytonstone will also become home to new state-of-the-art Library Plus.

The new Library Plus will provide easier access to a range of different Council services where residents will be able to pay Council Tax, register a birth, receive advice about benefits and much more.

> **"It's important that our libraries move with the times to make sure that they are still relevant to the communities that they serve."**

Council Leader Chris Robbins, Cllr Ahsan Khan and Chief Executive Martin Esom view the plans for the new-look Leyton Library

More info

For more information about Library Plus and the works taking place at Leyton Library please visit **www.walthamforest.gov.uk/libraryplus**

In brief

Over 55s sports day

Sports men and women aged over 55 are needed to be part of Team Waltham Forest and compete against 20 other London boroughs in the GLL Club Games. The competition is open to people of all abilities and players are needed for a host of sports including short tennis, table tennis, bowls, darts, badminton and swimming. The games will take place on Friday 18 October at the Brixton Recreation Centre in Lambeth from 9am to 4pm. Free transport there and back will be available with pick up from Walthamstow Leisure Centre, 243 Markhouse Road, E17 8RN at 7.30am.

• If you are interested in taking part phone Bornmene Barikor on 07903 017 778 or email Bornmene.barikor@gll.org

New gym to benefit residents

Works are underway to build a new state-of-the-art gym at Forest YMCA. The charity is making room for the new facility by demolishing the Bill Fletcher building in Forest Road, Walthamstow. Mayor of Waltham Forest, Cllr Nadeem Ali, was invited to a fun day to celebrate the charity's achievements and to bury a time capsule containing memories of life at the hostel over the last 44 years. The charity has been providing leisure services to the borough's residents for more than 40 years. Mayor Ali said: "I know Forest YMCA have already started work on building a bigger and better sports centre that will bring accessible and affordable health facilities to people and children across the borough, and I wish them every success."

• For more information visit www.forestymca.org.uk or phone 020 8509 4600.

The Mayor buries a time capsule

Highways

LONDON BOROUGH OF WALTHAM FOREST. ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14(1) THE WALTHAM FOREST (VARIOUS ROADS, BRIDGE RECONSTRUCTION) (TEMPORARY PROHIBITION OF TRAFFIC AND RESTRICTION ON WAITING AND LOADING) (NO. 2) ORDER 2013 - TT29

1. The Council of the London Borough of Waltham Forest HEREBY GIVES NOTICE that on 20th September 2013 it made an Order to enable bridge reconstruction works to be carried out in a safe and efficient manner in various roads, the general effect of which will be, only at such times and to such extent as regulatory signs are displayed, to prohibit vehicles (except works vehicles) and restrict waiting and loading by vehicles (except works vehicles) in these roads. This Order continues in force the prohibitions and restrictions imposed by the Waltham Forest (Various Roads, Bridge Reconstruction) (Temporary Prohibition of Traffic and Restriction on Waiting and Loading) (No. 1) Order 2013.

2. Whilst the works are being carried out no person shall cause or permit any vehicle to enter, proceed or wait or load for any purpose at any time in the streets and lengths of street specified in the Schedule to this Notice.

3. Whilst the prohibitions referred to in paragraph 2 above remain in force, alternative routes for traffic will be indicated by traffic signs.

4. Vehicles waiting or loading in disregard of this Order will be removed.

5. The restrictions mentioned above will not apply in relation to any vehicle being used:
(a) in connection with the said works; or
(b) for ambulance, fire brigade or police purposes in an emergency, if the works allow.

6. The Order will come into operation on 3rd October 2013 and will be valid for a maximum period of 2 months or until the works are completed, whichever is the sooner. NOTE: These works will not be carried out simultaneously in all roads but in a sequence as directed by the Council. Signage will be placed in advance of any works in the above mentioned roads which will give more specific details on the exact dates of the prohibitions, effects of any temporary traffic management and diversion routes as necessary.

Dated 30th September 2013
Mr K Valavan, Head of Highways and Infrastructure, Public Realm, Low Hall, Argall Avenue, London, E10 7AS

SCHEDULE

Acacia Road, between its junction with Sansom Road and its junction with Montagu Road; Briscoe Close; Cecil Road; Harrow Road, between its junction with Newcomen Road and its junction with Courtenay Road; Lansdowne Road; Montagu Road, between its junction with Harrow Road and its junction with Briscoe Road; and Sansom Road.

LONDON BOROUGH OF WALTHAM FOREST. INTRODUCTION OF RESTRICTED PARKING ZONE – JACK FARMS WAY The Waltham Forest (20 mph Speed Limit) (No. 6) Traffic Order 2013 The Waltham Forest (Waiting and Loading Restriction) (Amendment No. 31) Order 2013. The Waltham Forest (Jacks Farm RPZ) (Parking Places) (No. 1) Traffic Order 2013. The Waltham Forest (Car Club) (Parking Places) (Amendment No. 4) Order 2013. T36

1. NOTICE IS HEREBY GIVEN that the Council of the London Borough of Waltham Forest on 20th September 2013 made the above-mentioned Orders under sections 6, 45, 84 and 124 of and Part IV of Schedule 9 to the Road Traffic Regulation Act 1984, as amended.

2. The general effect of the Orders will be to:
(a) introduce a restricted parking zone (RPZ) in Jacks Farm Way, which will be known as the Jacks Farm RPZ, where vehicles will be prohibited from waiting "at any time" except in signed bays;
(b) introduce permit holder parking places in Jacks Farm Way;
(c) introduce a maximum speed limit of 20mph in Jacks Farm Way; and
(d) introduce car club permit holders parking places in Jacks Farm Way.

3. The Orders will provide that:
(a) the operational hours in the JF RPZ for permit parking places will be between 9.00 a.m. and 5.00 p.m. on Mondays to Saturdays inclusive;
(b) residents' permits, business/charity permits, visitors' permits, school parking permits, residents' foreign vehicle permits and essential user/carers permits will be issued, on payment of the appropriate charge, to a person who is the keeper of a passenger vehicle (having 8 passenger seats or less), certain goods carrying vehicles and invalid carriages, (motor cycles will be able to park in permit parking places free of charge without the need of a parking permit) providing that in the case of:
(i) a residents' permit, they are a resident of Jacks Farm Way and their vehicle is UK registered to that address;
(ii) a foreign vehicles residents' permit, they are a resident of Jacks Farm Way and their vehicle is registered outside of the UK;
(iii) a business/charity permit/business visitor's permit, they have a business situated in Jacks Farm Way and that the permit is for a vehicle which is essential to the operation of that business/charity and is used in the purchase and sale of goods or services in connection with that business/charity;
(iv) an essential users/carers permit, they are a doctor or carer who has a surgery in or works in the London Borough of Waltham Forest, or employed by or contracted to the Council, or employed by or contracted to a health authority, or employed by the Metropolitan Police, or employed by the London Fire and Civil Defence Authority, or a company that services fire fighting appliances and for whom the use of a vehicle is essential to the carrying out of their public service duties in Jacks Farm Way;
(v) a visitors' permit, they are a resident of Jacks Farm Way and that such permit is to be used by a bona fide visitor to their home;
(vi) a schools parking permit, they are a parent of a student enlisted at a school situated in or near to Jacks Farm Way;
(c) vehicles displaying any valid permit displaying the letters JF will be able use the permit parking places provided in Jacks Farm Way within the JF RPZ. Except for in the parking places referred to above, waiting by vehicles will be banned in Jacks Farm Way "at any time" on Mondays to Saturdays inclusive.

The charges for permits and vehicle class will be as follows:

A Residents' permit - 12 months)
B Residents' permit (second vehicle) - 12 months
C Residents' permit (more than two vehicles) - 12 months
D Residents' permit – 1 month
E Residents' permit foreign vehicle – 6 months
F Schools 15 minute permit – 12 months
1 Engine size less than 900cc registered before 1st March 2001
2 Engine size between 901cc and 3000cc registered before 1st March 2001
3 Engine size more than 3000cc registered before 1st March 2001
4 CO2 emissions less than 120 g/km registered after 1st March 2001
5 CO2 emissions between 121 and 185 g/km registered after 1st March 2001
6 CO2 emissions more than 185 g/km registered after 1st March 2001

A1 £12.50 - **A2** £25.00 - **A3** £120.00 - **A4** £12.50 - **A5** £25.00 - **A6** £120.00

B1 £42.00 - **B2** £90.00 - **B3** £210.00 - **B4** £42.00 - **B5** £90.00 - **B6** £210.00

C1 £65.00 - **C2** £150.00 - **C3** £280.00 - **C4** £65.00 - **C5** £150.00 - **C6** £280.00

D1 £10.00 - **D2** £20.00 - **D3** £100.00 - **D4** £10.00 - **D5** £20.00 - **D6** £100.00

E1 £24.00 - **E2** £50.00 - **E3** £150.00 - **E4** £24.00 - **E5** £50.00 - **E6** £150.00

F1 £21.00 - **F2** £42.00 - **F3** £125.00 - **F4** £21.00 - **F5** £42.00 - **F6** £125.00

Other permits

All-Zone Business Visitor's Permit – book of 30 permits (valid for 1 hour each) £23, book of 20 permits (valid for 2 hours each) £30, and book of 10 permits (valid for 5 hours each) £40; Business Permit – 3 months, £220; Business Permit – 12 months, £390; Business Permit – 12 months (more than two vehicles), £570; Charity permit – 12 months, £40; Charity permit – 12 months (more than two vehicles), £172; Essential User Permit – 1 month, £27; Essential User Permit – 6 months, £105; Essential User Permit – 12 months, £180; Visitor permits – 1 hour book of 30, £14 (free to over 70's, 1 book per year); Visitor permits – 2 hours book of 20, £16; Visitor permits – 5 hours book of 10, £18, Vouchers - 80 pence for 30 minutes or £1.30 per hour. Services charges for change of VRM, change of address, refund, or lost or stolen permit, £20

4. Copies of the Orders, which will come into operation on 1st October 2013 and other relevant documents can be inspected during normal office hours on Mondays to Fridays inclusive until the expiration of a period of 6 weeks from that date, at: (a) The Information Desk, Town Hall, Forest Road, Walthamstow, E17; and (b) Low Hall, Argall Avenue, London, E10 7AS.

5. Any person desiring to question the validity of any of the Orders or of any provision contained therein on the grounds that it is not within the relevant powers of the Road Traffic Regulation Act 1984, or that any of the relevant requirements thereof or of any relevant regulations made thereunder has not been complied with in relation to the Orders may, within six weeks of the making of the Orders, make application for the purpose to the High Court.

Dated: 30th September 2013
Mr. K. Valavan, Head of Highways and Infrastructure, Public Realm, Low Hall, Argall Avenue, London, E10 7AS

LONDON BOROUGH OF WALTHAM FOREST. PROPOSED WAITING AND LOADING AMENDMENTS. The Waltham Forest (Prohibition of Stopping Outside Schools) (Amendment No. 4) Traffic Order 2013. T41

1. NOTICE IS HEREBY GIVEN that the Council of the London Borough of Waltham Forest on 20th September 2013 made the above-mentioned Order under sections 6 and 124 of and Part IV of Schedule 9 to the Road Traffic Regulation Act 1984, as amended.

2. The general effect of the Order will be to introduce a "school keep clear" restriction in Nevin Drive outside Chingford Foundation School that would operate between 8 a.m. and 4 p.m. on Mondays to Fridays inclusive.

3. Copies of the Order, which will come into operation on 7th October 2013 and other relevant documents can be inspected during normal office hours on Mondays to Fridays inclusive until the expiration of a period of 6 weeks from that date, at: (a) The Information Desk, Town Hall, Forest Road, Walthamstow, E17; and (b) Low Hall, Argall Avenue, London, E10 7AS.

4. Any person desiring to question the validity of any of the Order or of any provision contained therein on the grounds that it is not within the relevant powers of the Road Traffic Regulation Act 1984, or that any of the relevant requirements thereof or of any relevant regulations made thereunder has not been complied with in relation to the Order may, within six weeks of the making of the Order, make application for the purpose to the High Court.

Dated: 30th September 2013
Mr. K. Valavan, Head of Highways and Infrastructure, Public Realm, Low Hall, Argall Avenue, London, E10 7AS

LONDON BOROUGH OF WALTHAM FOREST. ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14(1) THE WALTHAM FOREST (VARIOUS ROADS) (ROAD MARKING RENEWAL) (TEMPORARY RESTRICTION ON WAITING AND LOADING) (NO. 1) ORDER 2013 TT56

1. The Council of the London Borough of Waltham Forest HEREBY GIVES NOTICE that on 24th September 2013 it made an Order to enable road marking renewal works to be carried out in a safe and efficient manner in certain roads, the general effect of which will be, only at such times and to such extent as regulatory signs are displayed, to restrict waiting and loading by vehicles (except works vehicles) in certain roads.

2. Whilst the works are being carried out no person shall cause or permit any vehicle to wait or load for any purpose, at any time, in the roads listed in the Schedule to this Notice. N.B. These works will not be carried out simultaneously in all roads at any one time but in a sequence as directed by the Council.

3. Whilst the prohibitions referred to in paragraph 2 above remain in force, alternative routes for traffic will be indicated by traffic signs.

4. Vehicles waiting or loading in disregard of this Order will be removed.

5. The restrictions mentioned above will not apply in relation to any vehicle being used:
(a) in connection with the said works; or
(b) for ambulance, fire brigade or police purposes in an emergency, if the works allows.

6. The Order will come into operation on 30th September 2013 and will be valid for a maximum period of 12 months or until the works are completed, whichever is the sooner.

Dated 30th September 2013
Mr K Valavan, Head of Highways and Infrastructure, Public Realm, Low Hall, Argall Avenue, London, E10 7AS

Schedule

Abbotts Crescent E4, Alpha Road E4, Antlers Hill E4, Ardleigh Road E17, Ardleigh Terrace E17, Balliol Avenue E4, Bluehouse Road E4, Brook Gardens E4, Carlisle Road E10, Courtland Avenue E4, Denner Rd E4, Douglas Avenue E17, Evanston Avenue E4, Fairlight Avenue E4, Gascoigne Gardens IG8, Guildsway E17, Hale End Road IG8, Hollywood Way IG8, Ive Farm Close E10, Lyne Crescent E17, Malvern Avenue IG8, Millfield Ave E17, Monoux Grove E17, Monserrat Avenue IG8, Morley Avenue E4, Nightingale Close E4, Oak Hill Crescent IG8, Oak Hill Gardens IG8, Oak Hill Close IG8, Penrhyn Avenue E17, Pretoria Crescent E4, Rushbrook Crescent E17, Salisbury Road E4, St Johns Road E4, Suffield Road E4, Thorpe Crescent E17, Waterhall Avenue E4.

LONDON BOROUGH OF WALTHAM FOREST - ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14(1) - THE WALTHAM FOREST (HOE STREET AREA) (TEMPORARY PROHIBITION OF TRAFFIC AND RESTRICTION ON WAITING AND LOADING) (NO. 1) ORDER 2013 - TT59

1. The Council of the London Borough of Waltham Forest HEREBY GIVES NOTICE that on 20th September 2013 it made an Order to enable carriageway works to be carried out in a safe and efficient manner in certain roads, the general effect of which will be, only at such times and to such extent as regulatory signs are displayed, to prohibit vehicles (except works vehicles) and restrict waiting and loading by vehicles (except works vehicles) in certain roads.

2. Whilst the works are being carried out no person shall cause or permit any vehicle to enter, proceed, wait or load for any purpose, at any time, in:

(a) Burnside Avenue, between its junctions with Rowan Avenue and Silver Birch Avenue;

(b) Francis Road, between its junction with High Road Leyton and No. 219 Francis Road;

(c) Forest Road, between No. 617 Forest Road and Nos. 507/509 Forest Road;

(d) Hoe Street, between its junction with Forest Road and No. 129 Hoe Street; and

(e) North Countess Road, between its junctions with William Avenue and Keith Road.

3. Whilst the works are being carried out no person shall cause or permit any vehicle to wait or load for any purpose, at any time, in those roads and length of roads specified in Schedule 1 to this Notice.

4. Whilst the works are being carried out no person shall cause or permit any vehicle to enter or exit the roads specified in Schedule 2 to this Notice at the respective junctions stated in that Schedule.

5. Whilst the works are being carried out the one way operation for traffic shall be suspended in those roads specified in Schedule 3 to this Notice.

6. Whilst the prohibitions referred to in paragraph 2 above remain in force, alternative routes for traffic will be indicated by traffic signs.

7. Vehicles waiting or loading in disregard of this Order will be removed.

8. The restrictions mentioned above will not apply in relation to any vehicle being used:
(a) in connection with the said works; or
(b) for ambulance, fire brigade or police purposes in an emergency, if the works allow.

9. The Order will come into operation on 1st October 2013 and will be valid for a maximum period of 18 months or until the works are completed, whichever is the sooner.

Dated 30th September 2013
Mr K Valavan, Head of Highways and Infrastructure, Public Realm, Low Hall,

Argall Avenue, London, E10 7AS

SCHEDULE 1
Aubrey Road, Badlis Road, Bedford Road, Bromley Road, Browns Road, Gaywood Road, Greenleaf Road, Hatherley Road, Hawthorne Road, Jewel Road, Milton Road, Pearl Road, Richards Place, Ruby Road, Tower Hamlets Road, Winns Terrace.

SCHEDULE 2
Aubrey Road at its junction with Hoe Street; Badlis Road at its junction with Forest Road; Bedford Road at its junction with Forest Road; Bromley Road at its junction with Forest Road; Browns Road at its junction with Hoe Street; Gaywood Road at its junctions with Forest Road and Hoe Street; Greenleaf Road at its junction with Hoe Street; Hatherley Road at its junction with Hoe Street; Hawthorne Road at its junctions with Forest Road and Hoe Street; Jewel Road at its junctions with Forest Road and Hoe Street; Milton Road at its junction with Hoe Street; Pearl Road at its junction with Forest Road; Richards Place at its junction with Hoe Street; Ruby Road at its junctions with Forest Road and Hoe Street; Tower Hamlets Road at its junction with Hoe Street; Winns Terrace at its junction with Forest Road.

SCHEDULE 3
Badlis Road, Browns Road, Gaywood Road, Hawthorne Road, Jewel Road, Milton Road, Richards Place, Ruby Road and Tower Hamlets Road.

LONDON BOROUGH OF WALTHAM FOREST. ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14(1) THE WALTHAM FOREST (VARIOUS ROADS, FOOTWAY MAINTENANCE) (TEMPORARY PROHIBITION OF TRAFFIC AND RESTRICTION ON WAITING AND LOADING) (NO. 1) ORDER 2013 - TT61

1. The Council of the London Borough of Waltham Forest HEREBY GIVES NOTICE that on 24th September 2013 it made an Order to enable footway maintenance works to be carried out in a safe and efficient manner in certain roads, the general effect of which will be, only at such times and to such extent as regulatory signs are displayed, to prohibit vehicles (except works vehicles) in certain roads and restrict waiting and loading by vehicles (except works vehicles) in certain roads.
2. Whilst the works are being carried out no person shall cause or permit any vehicle to enter, proceed, wait or load for any purpose, at any time, in the roads listed in the Schedule to this Notice.
N.B. These works will not be carried out simultaneously in all roads at any one time but in a sequence as directed by the Council.
3. Whilst the prohibitions referred to in paragraph 2 above remain in force, alternative routes for traffic will be indicated by traffic signs.
4. Vehicles waiting or loading in disregard of this Order will be removed.
5. The restrictions mentioned above will not apply in relation to any vehicle being used:
(a) in connection with the said works; or
(b) for ambulance, fire brigade or police purposes in an emergency, if the works allows.
6. The Order will come into operation on 1st October 2013 and will be valid for a maximum period of 12 months or until the works are completed, whichever is the sooner.

Dated 30th September 2013
Mr K Valavan, Head of Highways and Infrastructure, Public Realm, Low Hall, Argall Avenue, London, E10 7AS

Schedule
Clementina Road E10, Perth Road E10, Kettlebaston Road E10, Theobald Road E17.

Planning

PLANNING AND COMPULSORY PURCHASE ACT 2004 THE TOWN AND COUNTRY PLANNING (LOCAL PLANNING) (ENGLAND) REGULATIONS 2012. NOTICE OF SUBMISSION OF A LOCAL PLAN (REGULATION 22). WALTHAM FOREST LOCAL PLAN WALTHAMSTOW TOWN CENTRE AREA ACTION PLAN PROPOSED SUBMISSION.

Notice is hereby given that Waltham Forest Council has submitted the above local plan document to the Secretary of State for Communities and Local Government for independent examination.

The document was submitted on 27 September 2013.

The Local Plan Walthamstow Town Centre Area Action Plan document contains planning policies which will regenerate the town centre and be used to guide and determine planning applications within the Walthamstow area (along with other Local Plan documents).

Inspection of documents

Copies of the Local Plan Walthamstow Town Centre Area Action Plan and accompanying submission documents including a Schedule of Representations made at the publication stage, Schedule of Post Publication Minor Changes, Sustainability Appraisal Report, and a Consultation Statement on the preparation of the document are available for inspection (during normal opening hours):

- at all Waltham Forest Libraries
- at Sycamore House (Reception), Waltham Forest Town Hall Complex, London E17 4JF
- by downloading from the Council's website:www.walthamforest.gov.uk/ldf

Further information:
For enquiries, email: planning.policy@walthamforest.gov.uk or contact the Planning Policy Team on Tel: 020 8496 3000 or at the address above.

Environment

COMMUNITY INFRASTRUCTURE LEVY ENGLAND AND WALES. THE COMMUNITY INFRASTRUCTURE LEVY REGULATIONS 2010 (AMENDMENTS) NOTICE OF SUBMISSION OF DOCUMENTS ON DRAFT CHARGING SCHEDULE (REGULATION 19) LONDON BOROUGH OF WALTHAM FOREST DRAFT CHARGING SCHEDULE

Notice is hereby given that Waltham Forest Council has submitted the Community Infrastructure Levy Draft Charging Schedule to the Secretary of State for Communities and Local Government for independent examination. The document was submitted on 27 September 2013.

The Community Infrastructure Levy is a new charge that local authorities will be able to collect on new developments in their area. It is based on a formula relating to the type and size of development and is collected when planning permissions for new developments are implemented. The funds gathered will be spent on infrastructure within Waltham Forest. The Community Infrastructure Levy Draft Charging Schedule document is accompanied by other supporting documents including Economic Viability Study, Strategic Infrastructure Plans and Community Infrastructure Levy Draft Charging Schedule Consultation statement.

Inspection of documents
Copies of the Community Infrastructure Levy Draft Charging Schedule and the accompanying documents are available for inspection:

- at all Waltham Forest Libraries (during normal opening hours)
- at Sycamore House (Reception), Waltham Forest Town Hall Complex, London E17 4JF
- by downloading from the Council's website: www.walthamforest.gov.uk/cil
- by viewing from Limehouse link: http://walthamforest-limehouse

Paper copies of the Community Infrastructure Levy Draft Charging Schedule Submission documents are available on request by contacting the CIL Team at the address below.

CIL Team (Planning Policy), Sycamore House, London Borough of Waltham Forest, Waltham Forest Town Hall Complex, London E17 4JF

Further information:
For enquiries, email cil@walthamforest.gov.uk or contact the CIL Team on Tel. 020 8496 3000 or at the address above.

Waltham Forest Breakfast Club

Get smart with a healthy start

We want our children to have the best possible start and establish good habits from their first day at their new school. So, Waltham Forest Council will subsidise the cost of a breakfast for each child in Reception and Year 7.

If your child is in Reception or Year 7, there are two ways to join the Waltham Forest Breakfast Club:

If you are already using a breakfast club

If your child is already enrolled in a breakfast club in a participating school, you can now get a subsidy of up to £5 per week in the amount you pay for the rest of the school year.

Waltham Forest Breakfast Club snack pack

Participating schools that do not currently run a breakfast club will provide children with a nutritious snack pack subsidised by the Council, to eat on arrival or during the morning break.

Find out more about the Waltham Forest Breakfast Club

www.walthamforest.gov.uk/breakfast-club

Waltham Forest

Cann Hall Park, Leytonstone

The children's play area has been relocated to the front of the park with brand new play equipment and natural play for children of all ages and abilities, including a cable way and hurricane swing for those aged eight and over.

Thomas Gamuel Park, Walthamstow

The younger children's play area has been resurfaced providing a soft landing for our little ones.

Greenleaf Road Play Area, Walthamstow

Play equipment has been replaced, new surfacing laid and flowers planted making the play area much more attractive and inviting.

Henry Reynolds Gardens, Leytonstone

Natural play elements have been introduced to the existing play area, including balancing logs, play trees and wildlife wood carvings.

Bisterne Avenue Park, Walthamstow

The two play areas have been transformed with new play equipment including a fantastic pirate ship as the central feature. A community and family area has also been created for people to relax, socialise and play.

Church Lane Multi-use Games Area, Leytonstone

Funded by the Olympic Delivery Authority, a fully accessible games area has been installed suitable for five-a-side football, volleyball and basketball alongside a mini under seven's sports area.

Future work

Our programme of work to enhance our parks and provide children with better play facilities will continue over the next few months and you will no doubt see changes to your local park or open space in the near future. The following play areas are due for completion soon:

October

- Stoneydown Park, Walthamstow
- St James Park, Walthamstow

November

- Sidmouth Park, Leyton
- Chase Lane, Chingford
- Folly Lane, Walthamstow

Creating a better place 2013

Better High Streets • Better Leisure • Better Schools • Better Housing

To keep up-to-date on improvements to parks and play areas across the borough visit **www.walthamforest.gov.uk/betterplace**

Leyton Jubilee Park

Better Leisure 2013

We are committed to giving you and your family access to better leisure facilities and making the borough an even better place to live. As part of these plans we've brought the improvements to Ive Farm and Marsh Lane Playing Fields together to create Leyton Jubilee Park, named to mark the Queen's Diamond Jubilee last year.

Over the past eighteen months we have invested £2million into improving Leyton Jubilee Park and turning it into a park that you can play, meet friends, exercise, do sports or relax in.

So far improvements have included:

- Mini and junior football pitches (open soon)
- A basketball court
- A brand new changing pavilion
- An under seven adventure play area
- An eight+ adventure play area
- Planting wildflower
- Outdoor gym

Work is on-going in the park and current work includes:

- A new bridge being constructed at the Marsh Lane entrance to improve access to the park. This is expected to re-open soon.
- Additional play equipment being installed to provide even more areas for children to have fun and stay active. This is expected to open in stages over the next few months.
- A fence being installed around the under seven play area to ensure children cannot wander out.

For more information on Leyton Jubilee Park visit **www.walthamforest.gov.uk/leytonjubileepark**

Need a football pitch?

If you are a football club interested in booking the new youth football and mini-soccer grass pitches at Leyton Jubilee Park please contact **legacy@walthamforest.gov.uk**

Drapers Field

Used during the 2012 Games as a key logistics site, we are now transforming Drapers Field into a high quality park. Work is on track with turf laid last month for the sports pitches.

Expected to open in early 2014 facilities will include:

- A new all-weather sports pitch
- Play facilities
- Better landscaping and access
- A junior natural turf pitch
- Refurbished pavilion
- Improved cycling connections

Creating a better place 2013

Better High Streets • Better Leisure • Better Schools • Better Housing

Waltham Forest

More information

For the latest news on all of the developments visit **www.walthamforest.gov.uk/betterplace**